



AN INVITATION TO PARTICIPATE
for FMA training camp & holiday

5th FILIPINO MARTIAL ARTS FESTIVAL
Puerto Princesa, Palawan Island, Philippines
July 25 to 30, 2010

Now on its 5th, the convergence of FMAers is held every 2 years with the Philippines as the traditional host. In the past, the festival has attracted the participation of enthusiasts and their families from USA, Canada, Germany, Switzerland, Slovenia, Bosnia, Austria, Russia, Jordan, UAE, Saudi Arabia, Hong Kong, Japan and host Philippines. This time we expect the participation of UK, Belgium, Italy, Spain, Denmark and India. For the 2010 event, the organizers have lined up among the leading international caliber instructors and Grandmasters to teach in the 6-day camp.

As a regular preference, the camp is held in mountain resorts and beaches like the famous white sand Boracay Island in July 2008, and in 2006 in Tagaytay City at 2,000 feet above sea level, overlooking Lake Taal- the world's smallest volcano, and this time at Puerto Princesa, Palawan - known for its spectacular sceneries, crocodile farm, beaches and world heritage "Subterranean River" of 7 km. paddle boat ride in underground clear sea water.

The 2010 6-day training camp will highlight among others, personalized instruction by leading Grandmasters of various styles, a cultural goodwill competition(individual and team FMA Stage Presentation), dinner gala night and awards hosted by the host city, tour of the island, barbeque night socials

and other wholesome entertainments. Also, examination and grading for those seeking promotion on belt ranks.

While the martial artists are busy training, a list of special activities will be organized for their families and other non- training delegates.

In order for you to plan your trip, the following preliminary information will surely guide you. All rates are nearest estimates and may change upward or lower depending on circumstances. It is recommended that you reconfirming with your airline and on-line hotel bookings should you wish to extend your stay after the camp.

Participation cost: \$550 USD per person and those reserving or paying not later than January 15, 2009, inclusive of in-camp hotel accommodation (triple sharing), food (breakfast, lunch, dinner, snacks), training, training kit (sticks, carrier), gala night, certificate, shuttle for island tour. An extra fee will be charged for single, twin and family accommodation upon request. An early request will help the organizers arrange your accommodation.

\$650 USD per person for those paying after March 15, 2010

\$700 USD per person for those paying after May 15, 2010 and on site.

It is recommended that you reserve your slot. The venue can accommodate only up to 90 persons. As a standard policy among hotels, the dates of activities must be reserved ahead to ensure the availability of rooms and facilities.

Airfare, estimate; London - Manila - London £550 per person

Frankfurt - Manila - Frankfurt 600 euro (approx. rate also in other European cities of origin)

US major cities - Manila - US major cities \$900 USD

Terminal fee upon departure from the Philippines: Pesos 750 per passenger

Domestic airfare:

Manila - Palawan - Manila \$75 USD/person

Other destinations recommended after the camp (airfare):

Manila - Bohol - Manila (famous chocolate hills, river ride, world`s smallest monkey, etc.) \$60 USD/person

Manila-Boracay-Manila (white sand beaches, island hopping boat rides)

\$60 USD/person

Bus to other destinations (fare):

Manila-Tagaytay (Taal Lake volcano) \ \$5 USD/person

Manila-Pagsanjan Falls (rapids river boat ride) \ \$5 USD/person

Taxi ride within Metro Manila \ \$5 USD

Hotel rates, average:

2- star category \$40 USD / room / night

3- star category \$60 USD / .room / night

4- star category \$90 USD / room / night

5-star category varies on hotel to hotel but nearest to US\$ 300/room/night

Currency: Philippine Peso (£1 = 75 pesos; US\$1 = 45 pesos; 1 euro = 70 pesos), nearest estimate at time of camp

Average temperature: is 28 to 30 deg. Celcius or warm to moderate

Thick clothing is not recommended, occasional rains are however expected during the season. It is recommended that you don` t travel with unnecessary and extra luggage. Casual and even formal clothes are reasonably cheap in the Philippines where the largest shopping malls are in every location.

At the camp, fresh and cooked food are served buffet during breakfast, lunch, dinner and snacks. It is important that you check the visa requirements to travel to the Philippines, not all countries are granted entry without visa. Philippine Immigration Law allows temporary stay up to 60 days and may require application and appearance if will stay beyond the allowable period. It is strictly prohibited to bring in banned materials and substances such as regulated drugs (requires Doctor`s prescription from country of origin) and narcotics, firearms and accessories (permits required). Participants will be provided with kits and travel guides in the Philippines. It is recommended that you pre-book your domestic flights to enjoy early booking discounts and seat availability.

Major credit cards are accepted in most establishments, shopping malls, banks and domestic airlines. Domestic airline bookings can be on- line at cebupacific.com or philippineairlines.com, other airlines will be provided upon request depending on destinations, not all airline services the same routes. Upon arrival in Manila airport you will be met by a welcoming group who will assist you to your hotel. Participants will be accommodated in hotels pre-arranged by the organizers (for those coming earlier) with rates as stated above. Hotel and other personal cost prior to the camp are not included in the participation fee. The venue, Puerto Princesa, Palawan is

about 1hr. & 15 minutes by jet from Manila. Participants are expected to be in the venue on 24th or 25th of July. Registration at venue starts at 8 o'clock in the morning of 25th.

This is an event not to be missed, a truly wonderful experience.
For information and coordination please contact:

Master Angelo Baldisonne - www.masterangelo.co.uk

Email; angelo261@btinternet.com

Grandmaster Dieter Knuttel - www.abanico.de

Email: dk@abanico.de

Guro Sven Barchfeld - www.modern-arnis.de

Email: sven@barchfeld.net

Guro Alexander Pisarkin - www.modernarnis.ru

Email: alexanderv@usue.ru

Grandmaster Rene R. Tongson - www.philippineclassicalarnis.net

Email: arnis_tongson@yahoo.com

Grandmaster Bambit Dulay - www.imafp.com

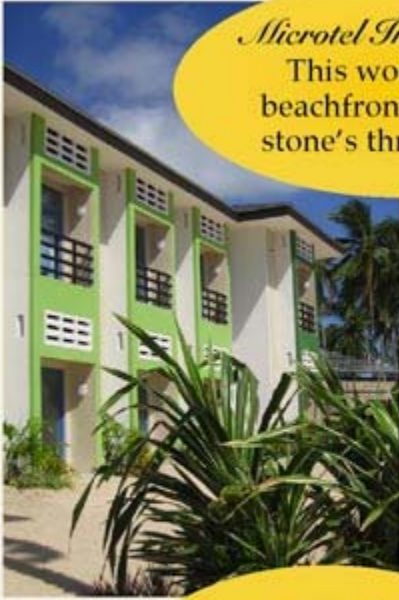
Email: raparnis@yahoo.com

You may log on to: www.fmafestival.com
www.imafp.com

FMA5 main contact information:

Email to: fma_secretariat@yahoo.com

**The proposed venue: Emerald Playa Beach and Nature Park
Puerto Princesa City, Palawan, Philippines**



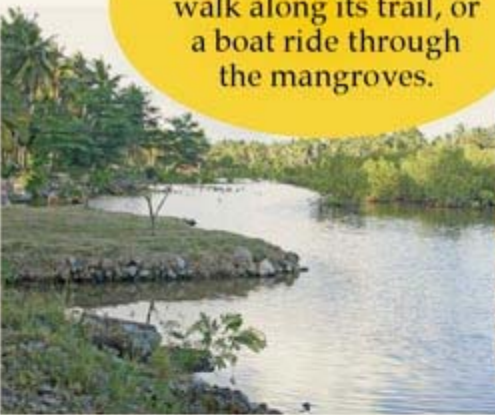
Microtel Inns & Suites

This world-class beachfront hotel is a stone's throw away.



The Pavilion

The ideal venue for weddings and other special events.



Mangrove Lagoon

Take an energizing walk along its trail, or a boat ride through the mangroves.



Emerald Beach

Perfect for a dip, a stroll, or just soaking in the sun.

THE
Emerald
PLAYA
BEACH AND NATURE PARK
Celebrate nature. Celebrate life.

Picnic Huts

A tour of the city is not complete without a sumptuous beachside picnic lunch.

